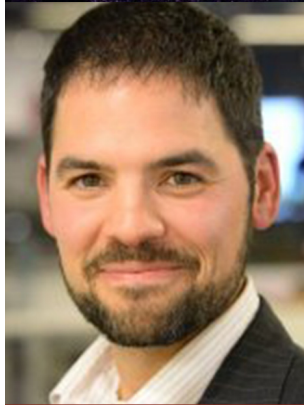




Positively Actionable BUSINESS EDUCATION

1st & 3rd Weds
9:30 - 11am

@ SPACES.



Kill Distraction. Optimize Your Mental OS

Wed, Nov 1, 9:30 - 11

Speaker:

David Secondo of
Lead Your Way LLC



emcee Nate Ishe Lappegaarde
coordinator Ashleigh Sims
media Anthony Prichard
social media Laura Pence Attencio
founder Dru Shockley

info:BoostBizEd.com

Wednesday, November 1, 9:30 - 11am

Spaces Denver-Ballpark, 2301 Blake St., Denver, CO

Kill Distraction. Optimize Your Mental OS

Discover the power of getting things done with leverage. Develop clarity in distracting environments. Become fluent in task-switching and perform at peak levels through the power of “engaged 80/20” and the cutting edge system of Integral Performance and Productivity.

In this seminar, you will learn to access higher-level thinking for empowered decision-making and energized focus. You will also uncover personal intrinsic motivators and discover how to be in the “flow state” more often and achieve peak performance.

Join us to boost your mental bandwidth and optimize your OS.



Boost Biz Ed Denver meets on 1st & 3rd Wednesdays.

At Boost Biz Ed actionable business educators share practical insights with an action-ready audience of business owners and professionals. Actionable education is information and insight that is immediately applicable for business improvement.

Our workshops are also captured via **Facebook Live** and shared via **YouTube**.